

Purley Chase Centre

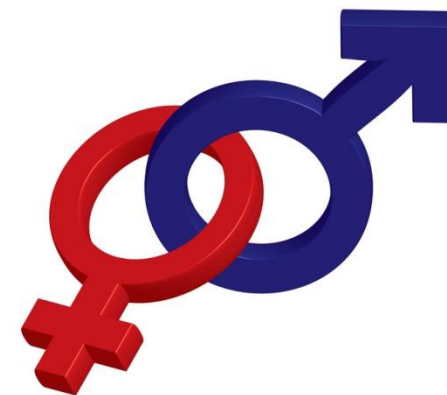


Relationships

Are you in a relationship and feel you are growing apart?

Or

Have you been in a relationship that has started off well but then did not work out and you don't know why?



If so, this weekend is for you!

Fri 16th – Sun 18th April 2010

**Facilitator:
Alain Nicolier**



The retreat centre is situated in the heart of Warwickshire, set in 67 acres of beautiful grounds enhanced by some spectacular specimen trees. The Centre accommodates up to 60 people, 27 of these are en-suite rooms and the rest family/dormitories. Whilst dining on good, wholesome cooking you can enjoy restful views of the grounds and wildlife. There is always a vegetarian option (inform on booking please) and special dietary needs can be catered for.



There are several meeting rooms, two containing the latest audio visual equipment. Other facilities include a lounge, games room, quiet room, library, craft room, bookshop and conservatory. There is wireless internet access for guests. For children and those young at heart there is a magnificent outdoor play area.



The Centre has full access, including en-suite accommodation with adapted wet room. There is ample car parking on site.

How to reach the Centre:

Take the A5 from the M6 or M42 towards Nuneaton. After Atherstone turn right off the large roundabout onto the B4111 towards the small village of Mancetter (¼ mile). Turn right in Mancetter just past The Plough pub – there's a brown sign for Purley Chase Golf Club. Over traffic light controlled bridge, follow road round to right signed Steppey Lane, up the hill through an archway of trees, and the Centre is on your right after ¼ mile. If traveling by public transport, see details on the web site or ring the Centre for advice.

Centre Manager: Anne Gaffney
Purley Chase Centre, Purley Chase Lane, Mancetter,
Atherstone, Warwickshire, CV9 2RQ Tel: 01827 712370
enquiries@purleychasecentre.org.uk
www.purleychasecentre.org.uk

Who will be leading it?

Alain has been a certified marriage and family counsellor for over 25 years. He has trained in the USA and France and includes in his approach, several techniques taken from:

Gestalt (focuses on the present)

Sophrology (harmony of the consciousness)

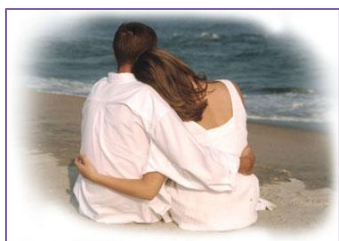
Visualisation

Sexology (differences between the sexes)

Bio-energy

Psycho-analysis

Naturopathy (living according to nature)



Alain's interest in relationships has also been enhanced by the ideas found in the writings of Swedenborg

which give a deeper spiritual reality for the differences in men and women and their potential to grow closer together. Alain has a lively, warm personality which will help to ensure plenty of fun and laughter during the workshop.

About the Weekend



This workshop is for those who wish to understand their partners and relationships better and to grow in closer harmony.

We all differ in many areas of our lives: in how we communicate, our thinking patterns,

feelings, emotions, love, values, priorities and spirituality.

Relationships within couples should be uplifting and enriching but we know from experience that they can also be complex and sometimes difficult.

Come along with your partner or by yourself to reflect on these differences and practice some tools of communication in order to appreciate where frustrations and misunderstandings arise in both partners. Discover that your differences can be complimentary and positive and learn how to resolve your conflicts.

Come to this most important exploration to deepen your self awareness and your relationship.

'Alain made me feel comfortable and relaxed, and has given me a positive outlook for the future of my relationship, as well as giving me a spiritually uplifting experience.'

Who is this workshop for?

- people who want to enrich their relationships and go further in understanding each other
- people who feel they are growing apart
- People who are wanting to start a relationship
- People who want to learn from past relationships

Come to a space where you can look at your relationship away from the distractions of everyday life and with the help of a very experienced relationship facilitator.

We will be pleased to welcome you from 4pm on the Friday evening - buffet meal at 7pm. The workshop finishes at 4pm on Sunday.

'Seeing everyone open up and transform was very magical.'

We look forward to seeing you!

Reply Slip

Relationships

Please complete and return with a £30 per couple non-returnable deposit. Cheques to: 'Purley Chase Centre' (please put your address on the back)

Names: _____

Address: _____

Telephone: _____

Email: _____

Accommodation preference (please tick)

En-suite £150 per person

Standard £130 per person

Dietary preferences (please tick)

Standard Vegetarian

Food Allergies/Special Dietary Needs?

I enclose a cheque for: non-returnable deposit £30
Donation to Purley Chase Centre £
Total £

Return to:
Bookings, Purely Chase Centre, Purley Chase Lane,
Mancetter, Atherstone, Warwickshire CV9 2RQ

I'd like to receive information about other forthcoming events at Purley Chase Centre.
My details will not be passed onto anyone else.